

Other Merrymeeting Bay Sites

Two additional sites that are not part of the Androscoggin River Trail are shown on the maps. One is a public boat launch in Bowdoinham located on the Cathance River, and the other is a water access only site managed by the Maine Island Trail Association, the oldest water trail in the United States.

Cathance River Site:

Location: Bowdoinham, Maine.

Owner: Town of Bowdoinham **Manager:** Town of Bowdoinham

Launch facilities:

Full boat Ramp. Adequate parking.

Amenities:

Trail with interpretive signs around a restored wetland.

Water conditions:

Provides access to Merrymeeting Bay by following the river downstream. Flat water paddling experience, but use caution as currents, tides and wind can cause difficult conditions on Merrymeeting Bay. At “The Chops” Merrymeeting Bay waters flow through a relatively narrow passage on their way to the ocean. This area should only be navigated by experienced paddlers or with the help of a guide.

General Comments

Great wildlife viewing on Merrymeeting Bay. May see large sturgeons jumping, depending on time of summer and conditions.

Maine Island Trail Connection (Water Access Only)

Location: Island in Merrymeeting Bay

General Comments: Water Access only. Offers connection to the Maine Island Trail. See Maine Island Trail for details. (www.mita.org)
Nice respite from paddling.